



**DOUBTS COME FROM...**

- A LACK OF EVIDENCE.
- A MISINTERPRETED EXPERIENCE.

*“The disciples were afraid of the Jewish leaders, and on the evening of that same Sunday they locked themselves in a room. Suddenly, Jesus appeared in the middle of the group. He greeted them and showed them His hands and His side. When the disciples saw the Lord, they became very happy. After Jesus had greeted them again, He said, “I am sending you, just as the Father has sent Me.” Then He breathed on them and said, “Receive the Holy Spirit. If you forgive anyone’s sins, they will be forgiven. But if you don’t forgive their sins, they will not be forgiven.” Although Thomas the Twin was one of the twelve disciples, he wasn’t with the others when Jesus appeared to them. So they told him, “We have seen the Lord!” But Thomas said, “First, I must see the nail scars in His hands and touch them with my finger. I must put my hand where the spear went into His side. I won’t believe unless I do this!”*  
 John 20:19-25 (CEV)

**WHAT TO DO WHEN YOU DOUBT**

**1. DON’T BE SO \_\_\_\_\_ ON YOURSELF – \_\_\_\_\_ IS ESSENTIAL To \_\_\_\_\_.**

*“And you must show mercy to those whose faith is wavering.”*  
 Jude 1:22 (NLT)

*“After Jesus rose from the dead early on Sunday morning, the first person who saw Him was Mary Magdalene, the woman from whom He had cast out seven demons. She went to the disciples, who were grieving and weeping, and told them what had happened. But when she told them that Jesus was alive and she had seen Him, they didn’t believe her.”*  
 Mark 16:9-11 (NLT)

*“Then the eleven disciples left for Galilee, going to the mountain where Jesus had told them to go. When they saw Him, they worshiped Him—but some of them doubted!”*  
 Matthew 28:16-17 (NLT)

**2. BE \_\_\_\_\_ ABOUT YOUR \_\_\_\_\_.**

*But Thomas said, “First, I must see the nail scars in His hands and touch them with my finger. I must put my hand where the spear went into His side. I won’t believe unless I do this!”*  
 John 20:25 (CEV)

**3. BE \_\_\_\_\_ TO WHAT GOD WANTS TO \_\_\_\_\_ YOU.**

*“A week later the disciples were together again. This time, Thomas was with them. Jesus came in while the doors were still locked and stood in the middle of the group. He greeted His disciples and said to Thomas, “Put your finger here and look at My hands! Put your hand into My side. Stop doubting and have faith!” Thomas replied, “You are my Lord and my God!” Jesus said, “Thomas, do you have faith because you have seen Me? The people who have faith in Me without seeing Me are the ones who are really blessed!”*  
 John 20:26-29 (CEV)

*“Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.”*  
 Proverbs 3:5-6 (NLT)