



**IN THE RING**  
 Pt. 4 – “How To Fight For Your  
 Marriage, Not In It”  
 April 29th, 2018  
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**RELATIONSHIP CYCLE... LIVING AND DYNAMIC.**

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

**Q: HOW CAN WE MOVE FROM ME TO WE IN OUR COMMUNICATION?**

**3 BIG ROCKS...**

**1. YOU ARE BOTH \_\_\_\_\_...**

*You made all the delicate, inner parts of my body and knit me together in my mother’s womb. Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.*  
 Psalm 139:13-14 (NLT)

**2. YOU CAN REPLENISH YOUR RELATIONSHIP WITH \_\_\_\_\_**

**\_\_\_\_\_ : GOD DESIGNED US TO GIVE & RECEIVE LOVE.**  
*Love each other with genuine affection and take delight in honoring each other.*  
 Romans 12:10 (NLT)

*Let the husband render to his wife the affection due her, and likewise also the wife to her husband.*  
 1 Corinthians 7:3 (NKJV)

**\_\_\_\_\_ : a tone set in the home... welcoming, warm, cheerful**

*Then all the people returned to their homes, and David turned and went home to bless his own family.*  
 1 Chronicles 16:43 (NLT)

*So the Word became human and made His home among us. He was full of unfailing love and faithfulness. And we have seen His glory, the glory of the Father’s one and only Son.*  
 John 1:14 (NLT)

**\_\_\_\_\_ : builds up... Your words matter**  
*From a wise mind comes wise speech; the words of the wise are persuasive. Kind words are like honey— sweet to the soul and healthy for the body.*  
 Proverbs 16:23-24 (NLT)

*But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. Put on your new nature, and be renewed as you learn to know your Creator and become like Him.*  
 Colossians 3:8, 10 (NLT)

**3. \_\_\_\_\_ Blocks... these are really a thing...**

*Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose. Don’t be selfish; don’t try to impress others. Be humble, thinking of others as better than yourselves. Don’t look out only for your own interests, but take an interest in others, too.*  
 Philippians 2:2-4 (NLT)

**Q: Where do you start... try right here...**

1. Stop talking about \_\_\_\_\_ stuff
2. Start talking about \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_
3. Lean into \_\_\_\_\_ piece bring hope & peace

*You must have the same attitude that Christ Jesus had. Though He was God, He did not think of equality with God as something to cling to. Instead, He gave up His divine privileges; He took the humble position of a slave and was born as a human being. When He appeared in human form, He humbled Himself in obedience to God and died a criminal’s death on a cross.*  
 Philippians 2:5-8 (NLT)