



1. _____ IS A REAL AND UNAVOIDABLE REALITY...

RELATIONSHIPS MOVE WHEN IN CONFLICT...

A POINT OF TENSION IN ITS SELF FOR THE NOVICE... AN EXPECTED RESOLVE FOR THE VETERAN

Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

James 1:2-4 (NLT)

2. _____ TRIGGERS ARE REAL THINGS...

3. **THERE IS A CONFLICT _____ ... _____ PEOPLE HURT _____**
 (not to be confused with the Relationship Cycle A B C D's)

- **BAD DANCE: TENSION – _____ – DISCONNECT – _____ – RESULT: DEEPER TENSION AND REGRET**

Spouting off before listening to the facts is both shameful and foolish.
 Proverbs 18:13 (NLT)

Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.
 Ephesians 4:31-32 (NLT)

- **GOOD DANCE: TENSION – _____ – CONNECTED – RESULT: AUTHENTIC _____ AND FEELING _____**

4. **POWER OF _____ | REGRET, RESPONSIBILITY, REMEDY**

A gentle answer deflects anger, but harsh words make tempers flare. The tongue of the wise makes knowledge appealing, but the mouth of a fool belches out foolishness. The LORD is watching everywhere, keeping his eye on both the evil and the good. Gentle words are a tree of life; a deceitful tongue crushes the spirit.
 Proverbs 15:1-4 (NLT)

5. **A WAY _____ WHEN YOU CAN'T GO ANOTHER ROUND**

- _____ IS OUR PERFECT EXAMPLE... WE CANNOT OUT RUN OURSELVES

And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth.
 John 1:14 (ESV)

- _____ THE REAL “F” WORD _____

Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.
 Colossians 3:12-15 (NLT)

- **SEEK _____ AND _____ FROM OTHERS... YOU ARE NOT PERFECT. MISUNDERSTANDING HAPPENS**

Plans succeed through good counsel; don't go to war without wise advice.
 Proverbs 20:18 (NLT)

If you ignore criticism, you will end in poverty and disgrace; if you accept correction, you will be honored.
 Proverbs 13:18 (NLT)

- **GOD NEVER WASTES A _____... HE LEVERAGES IT... HE USES IT 2 COR 1**

All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.
 2 Corinthians 1:3-4 (NLT)